

WELLNESS WEDNESDAY

4.11.18

"STRENGTH OVER SILENCE"

Please join us for a special Wellness Wednesday workshop, presented by the students of the Strength Over Silence team from San Juan Hills High School.

The "SOS" team believes if more students could freely talk about mental health issues in a respectful way, we can bring more awareness to this important topic and educate students on the importance of asking for help.



MEET IN SLG AT LUNCH

Pizza provided - first come, first serve